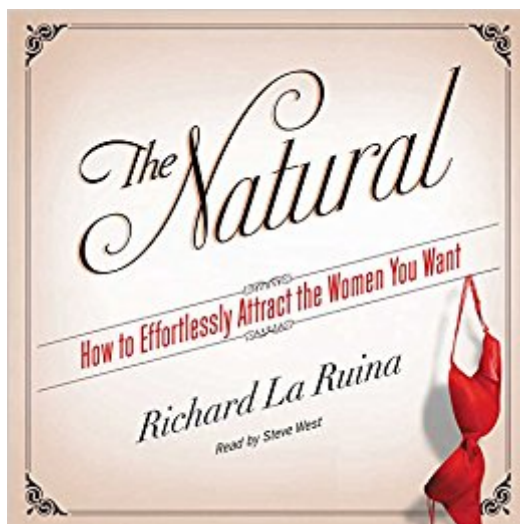


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# The Natural: How To Effortlessly Attract The Women You Want



## Synopsis

One of the world's top pick-up artists, Richard La Ruina went from having no women to being a true master of seduction. Now he shows you how to do the same. So move over Mystery, and tell Neil Strauss that The Rules of the Game are about to be rewritten. Every element of the winning pickup is right here, from discovering confidence to exuding charm, learning conversation starters to mastering body language, to much more. And as you move from daydreaming to flirtation to passion to romance to love, The Natural will show you how it's done.

## Book Information

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## Customer Reviews

“Richard’s lines were startlingly brilliant. He was like a real life Hitch.” (Evening Standard)  
“Britain’s answer to Neil Strauss.” (Time Out)  
“Richard is now a master of the art. He transformed himself from a shy guy into a master swordsman.” (Daily Star)  
“The UK’s No. 1 Superstar Chat Up Artist.” (The Times (London))  
“The urge to compare him to Hitch is uncontrollable...He’s white and not quite as famous as Will Smith. What he is, is more successful with women.” (FHM.com) --This text refers to an out of print or unavailable edition of this title.

Richard La Ruina used to be the guy who couldn’t get the girl. Shy, painfully awkward, and still living at home with his mother, at twenty-five he decided to finally take control of his life and

become the kind of man men admire and women desire. Today, La Ruina is one of the world's best-known pickup artists, someone who can confidently approach and attract any woman. La Ruina, as founder of PUA Training (Pickup Artist Training), has personally coached thousands of men through their own dramatic transformations. In *The Natural*, he brings that experience to you, delivering field-tested methods and easy-to-use tools for attracting the women you want. Just like riding a bike or driving a car, meeting women and making them fall for you is a learned skill that, with enough practice, becomes effortless. There is no need for tricks, gimmicks, or lies. Instead, these methods make you more confident and therefore more attractive to women. Using the tools in *The Natural*, you will finally feel comfortable in your own skin and have the ability to attract women just by being yourself. From body language to conversation starters, eye contact to the first touch, *The Natural* is a step-by-step blueprint for being the guy women can't resist.

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Very good book for beginners. Also a good book that has tips in areas that you might be unsure if you're doing them correctly. Overall a great book and would recommend it to anyone trying to come out of their comfort zone and talk to multiple women.

I wasn't sure how worthwhile this book would be for me, but I was truly impressed. He starts with some background on himself, and tells you how to change yourself first before trying pick ups. He then gets into the pick up process step by step, and he gives you some really great tips. He does talk about pick ups during the day and online, but it is very short. This book has already changed my life for the better, and I am so thrilled that I got it. If you struggle with picking up women, you need this book, it will really help you out!!

Good book lots of examples, and how to advise for those that have a lack of experience with women. If you're looking for pointers on how to talk to women you will find them here in this book.

The author lays out the approach to seduction step by step, which is a sin and will land me in hell. Nonetheless I learned a lot.

I think this book really clarifies how to build rapport. Overall it has expanded my understanding of the pick up game. Richard does a great job explaining how to connect with women to make them feel like they really know you. One of his specialties is having the ability to make women feel like

they have know him for years after only one conversation. If you want to work on your ability to talk to women especially your middle game then this is a must read for you.

This book is about being your best self and not about faking something to be attractive, and what an attractive character is

I used to be huge on seduction techniques and inner game but I stopped practicing once I got out of college. I recently decided to gain my power with women back and swallowed my pride and realized I needed help again so I bought this book. I just finished and must say this is great for building a solid foundation again and just by reading it a little each day I can feel myself becoming more attractive which is awesome. Thanks Richard

Read it and it had good advise. Worth the read if you are trying to find a solid girl

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